

JUICE BAR
ALL DRINKS MADE FRESH TO ORDER

FRESH
FRUIT SMOOTHIES

\$3.75

Our blended fruit shakes contain dairy
Unless you make a substitution

- #1 Strawberry- Peach- Banana
- #2 Strawberry- Raspberry- Banana
- #3 Mint- Chocolate- Banana
- #4 Blueberry- Raspberry- Banana
- #5 Peanut butter- Chocolate- Banana
- #6 Banana- Pineapple- Coconut
- #7 Mango-Banana-Pineapple- Coconut
- #8 Mango-Orange- Banana
- #9 Seth's Favorite: all fruit

SMOOTHIE ADD-ONS

Protein Powder \$1.50

Add ons- \$0.50ea.

Almond butter Peanut butter
Soy Milk Vitamin C Spirulina

HAPPY HOUR

2-6 pm

House Margarita \$3.95

DRINK SPECIALS

\$1.00 OFF

Drafts

Bottle beers

Margaritas

Smoothies

\$0.50 off Made to order juices

JUICES \$3.95

JUGO MESA VERDE

Carrot, celery, green, parsley,
Scallion

RUBY RED

Carrot, beet, apple

SOL AZTECA

Carrots, cilantro, greens,
Cucumber, ginger

BAJA SUNRISE

Carrot, apple, orange

MAKE YOUR OWN
COMBINATION JUICE

\$3.95

Apple, carrot,
Orange, grapefruit,
Beet, celery,
Cilantro, cucumber,
Garlic, parsley, scallions,
Spinach, tomato

BEVERAGES

SODAS- Coke, Diet Coke, Sprite,
Club soda, Tonic

Ginger ale, Orange, Root Beer, \$1.50

Stewart's Root Beer \$1.95

Ginger Lemonade \$1.95

Soy Milk \$1.50 Ginger Brew \$1.95

Bottled water plain \$1.25

Coffee by Design Mexican

Azteca Blend \$1.50

Herbal tea- Ask for selection \$1.25



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Phone: 207.774.6089
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LUNCH AND TAKE OUT MENU

Tuesday through Thursday 11:30—9:00

Friday and Saturday 11:30—9:30

Sunday 11:30—8:30

SOUPS, CHILI AND SALADS

FRESH SOUP SELECTIONS

Soup Cup \$1.95 bowl \$2.95

VEGETARIAN CHILI \$3.75

Black beans with carrots, celery, onions, peppers, Mexican seasoning, served with cheese and a warm tortilla.

CHILI CON CARNE bowl \$5.25

Beef, beans, veggies, and our own Mexican seasoning served with cheese and a warm tortilla.

GARDEN SALAD \$3.95

Tomato, carrots, cucumbers and mixed peppers on a bed of lettuce.

MESA VERDE RICE SALAD \$5.75

Brown rice with fresh herbs and vegetables served with fruit over a bed of lettuce.

TACO SALAD \$5.95

A flour tortilla basket filled with fresh green lettuce, beans, olives, sour cream, cheese, guacamole, and salsa.
add chicken, beef, or tofu \$6.50

COMBINATION PLATTERS

served with rice, beans, salsa, sour cream
1-4 \$7.50

- #1. Tofu hard-shell taco and veggie quesadilla
- #2. Beef burrito and cheese quesadilla
- #3. Chicken burrito and veggie enchilada
- #4. Taco and burrito of your choice
- #5. Your choice of two- burrito, enchilada, quesadilla, or taco \$7.95

SIDE ORDERS

Beans	\$ 1.75
Chips and guacamole	\$ 3.25
Chips, salsa, guacamole	\$ 4.50
Chips and salsa	\$ 2.25
Corn Chips	\$ 1.75
Guacamole	\$ 3.25
Mixed veggies	\$ 1.95
Rice	\$ 1.75
Salsa	\$ 1.75
Soy Cheese	\$ 0.95
Sour Cream	\$ 0.95
Warm Tortilla ea.	\$ 0.50

Spicy chile verde sauce \$0.75

DAILY SPECIALS

11:30-5:00

HOT AND COLD

MEXICAN ROLL-UPS

ALL \$6.75

Served with soup or salad

GRILLED CHICKEN ROLL-UP

Breast of chicken served with lettuce and tomato and our own dairy free sauce.

GRILLED EGGPLANT ROLL-UP

with tomato, red onion, cheese, and our own dairy free sauce.

PACO'S GRILLED CHEESE ROLL-UP

Cheese, tomato, avocado, Bermuda onion, olives, and our own dairy free sauce.

FRESH VEGETABLE ROLL-UP

Stuffed with avocado, Bermuda onion, cucumber, tomato and our own dairy free sauce.

MEXICAN SPECIALTIES

\$4.95

The Mission Burrito

TAKE OUT ONLY

A burrito stuffed with rice, beans, lettuce, tomato, onion, cheese, sour cream, and your choice of Beef, chicken, veggie substitute soy cheese \$0.50 add guacamole \$0.50

RICE AND BEANS \$6.25

Pinto and black beans served with steamed spinach and garlic over rice.

NACHOS

Medium \$6.95 Large \$7.95

Corn tortilla chips served with beans, tomatoes, olives, red onions, sour cream, guacamole, jalapenos, and cheese.

add chicken, beef, tofu, or roasted veggies for \$1.00 extra.

THE FOLLOWING ENTREES ARE SERVED WITH RICE, BEANS, SALSA AND SOUR CREAM

QUESADILLA

A flour tortilla stuffed with melted cheese and filled with:
Spinach mushroom \$7.25
Chicken, beef, or tofu \$7.25
Veggies or beans \$6.95

The Gateway Quesadilla

Chicken, spinach, mushroom, sour cream, and guacamole. \$7.95

TOSTADA

Two fried corn tortilla with beans, lettuce, and tomato, guacamole, cheese
Rice and beans \$6.95
Add chicken, beef, or tofu \$7.25

BURRITO

A rolled natural flour tortilla stuffed cheese with choice of filling:
Chicken, beef, or tofu \$7.25
Veggies or bean \$6.95

HARD or SOFT SHELL

TACOS

Two corn tortillas filled with lettuce, onions, tomato, cheese, salsa, and beans. \$6.95
Add chicken, beef, or tofu \$7.25

JUICE BAR MENU ON BACK

ENCHILADAS

A truly authentic Mexican dish
Two corn tortillas grilled with choice of filling cheeses, and served with a classic enchilada sauce. Stuffed with:
Cheese \$6.95
Chicken, beef, or tofu \$7.25
Veggies \$6.95